

Volunteer Handbook Blitz Home Builders Portland, Oregon 2007

Welcome to the Blitz Home Builders 2007 Blitz Build.

About Portland Habitat for Humanity

Our Vision - A community where everyone has a simple, decent, affordable place to live and where poverty housing is unacceptable.

Our Mission - To build partnerships among volunteers, families and the community to transform lives and revitalize neighborhoods by enabling families in need to earn and own a simple, decent, affordable home.

Our Values - Our Christian heritage calls on us to set aside religious differences and work together toward a common goal. These values guide our work:

Diversity and Inclusiveness – We believe that all people deserve a simple, decent place to live, and have something to contribute in building homes and hope for the good of all.

Homeownership – We believe in the power of homeownership to affirm dignity, encourage hope and transform lives by breaking the cycle of poverty.

Families as Partners – We believe that dignity is promoted not simply by living in an adequate house, but by fully contributing to the process of building and buying that home and helping others acquire adequate shelter.

Volunteerism - We believe in the volunteer spirit and are committed to offering rewarding volunteer experiences.

Stewardship – We are committed to excellence, to efficient use of our financial, environmental and human resources, and we are accountable to our donors, volunteers, and family partners.

As the oldest Habitat for Humanity affiliate on the West Coast, and the largest in Oregon, Portland Habitat for Humanity has served low-income, hard-working Portland families for over 20 years. We are currently one of the city's only providers of home ownership opportunities to families at 30-60% of the median Portland household income level.

Partnering with the community, our volunteers build simple, decent homes, which are then sold at cost with a zero-interest, 1% down payment mortgage to families who qualify for our program. Their mortgage payments - payments that are often lower than what they were paying in rent - go into a revolving "Fund for Humanity" that is used to build more homes in the Portland area.

Our homeowners are committed and successful. We have experienced less than a 1% default rate on our mortgages, lower than the national average. By providing a hand up, not a handout, our program maintains the dignity and pride of our homeowner families.

Lodging:

Lodging will be at the Days Inn North.

9930 North Whitaker Rd.

Portland, OR, 97217

503-289-1800 I-5 Exit 306B & Whitaker Rd.

http://www.daysinn.com/DaysInn/control/Booking/property_info?propertyId=11544&brandInfo=DI

The Days Inn is a 210 room four-story hotel with views of Mt. Hood, Mt. St. Helens, and Delta Park. All guest rooms consist of one queen size or two queen size beds with ADA accessible rooms available.

- They provide an expanded Daybreak Continental Breakfast 6:00 AM-9:30 AM daily.
- Complimentary coffee and tea are available 24 hours.
- Complimentary shuttle service is available 24 hours to/from transportation hubs, Portland International Airport and the Jantzen Beach Super Center.
- Laundry facilities (3 washers and 3 dryers)

Transportation:

From/To Airport - 24 hour shuttle is provided courtesy of the Days Inn. (503-289-1800)

To/From build site – We will be car-pooling to and from the build site, the Meet and Greet, and the Wednesday group event.

If you are driving your own vehicle or are renting a vehicle and can transport extra people please hook up with someone who needs a ride. If you need transportation and have not hooked up with someone we will try and have a list of vehicles with extra room posted in the hospitality suite at the hotel and at the Meet and Greet.

Meals:

Continental breakfast is provided at the hotel.

Lunch will be provided every day at the site except Sunday.

Evening meals will be provided on site on Friday, Monday, Tuesday, and Thursday.

Wednesday night will be our group event.

Meet and Greet Event:

Thursday evening 7:00 PM at the New Columbia Community Center near the build site.

We would like to highly encourage all volunteers (especially BHB members) to attend this event. We will be handing out shirts and welcome bags, checking you in, collecting waiver forms, and giving out house assignments. And of course the DOC/Wood Tics /WIT Brothers/who knows will be conducting a safety briefing that you won't want to miss.

Check-in/registration:

Thursday evening at the meet and greet.

Daily 6:00 AM at the build site.

The site is located at 9533 N. Dwight Ave. in the New Columbia neighborhood.

Schedule:

Daily schedule

Normal working hours will be 6:30 A.M to 5:00 P.M. unless otherwise noted.

6:30 AM Devotions, safety briefing, daily goals, and announcements

7:00 AM Construction starts

5:00 PM Dinner

Thursday June 21

Layout & headers (Crew and House leaders)

7:00 PM Meet and Greet at the New Columbia Community Center

Friday June 22

Build and set walls, roll trusses

Saturday June 23rd

Finish rolling trusses, deck and paper roof

Sunday June 24th

Sunday is considered an open day for volunteers. The Portland area has many attractions and activities that you may want to explore.

Monday June 25th

Doors and windows, siding, roofing.

Tuesday June 26th

Insulation, drywall

Wednesday June 27th

Siding, roofing painting

Work day ends at 4:00 PM

Group activity and BHB business meeting @Old Town Pizza 6:00 PM

Thursday June 28th

Interior trim, cabinets, flooring

Friday June 29th

Carpet, landscape, install hardware, touchup

Saturday June 30th

House dedication 10:00 AM

The formal house dedication ceremony will be held on Saturday morning, June 30 at 10:00 A.M. This will be preceded by our usual individual private time with the families and volunteers at their respective houses at 9:00 A.M.

Suggested Items to Bring:

As always we will have plenty of tools so don't feel you need to run out and buy any of these items (unless your looking for an excuse to expand your inventory of toys). Additional items are always welcome. All the tools and personal items you bring should be clearly labeled **with your name**. Neither Habitat for Humanity nor Blitz Home Builders are responsible for lost or stolen property.

Highly recommended:

Any medicines you may need (prescriptions, aspirin, Tylenol, etc.)

Sunscreen

Aloe

Muscle cream

Large bottle of Advil (enough to share)

Bug spray/lotion

Work boots or closed-toed shoes (required)

Work gloves

Bandana or hat

Safety glasses

Hard hat (Hard hats will be required until the overhead work is completed. Hard hats can be purchased at Home Depot, Lowe's, etc, for around \$7.00.)

Suggested: (if you have them and have room)

Calling card

Bathing suit

Long-sleeved shirt

Water bottle

Nail apron/Tool belt

Utility knife (with spare blades)

Speed square

Farming square

Tape measure

4-in-1 screwdriver

Construction pencil

Putty knife

Staple gun and staples

Framing and finish hammer

Chalk lines

2', 4', and a torpedo level

Wonder bar

Cat's claw or cat's paw

Please feel free to bring as many power tools as you like.

Emergency Contact Numbers:

Roy Zaborowski BHB (602) 689-3950

James Tomascak BHB (612) 581-3654

Steve Messinetti, HFH Portland - Executive Director – (971) 563-1453

Mark Haley HFH Portland - Construction Supervisor – (503) 535-9141

Habitat Office – (503) 287 9529 ext 10 8:30 AM to 4:30 PM

Group Activity and BHB Business meeting:

This year group activity will at Old Town Pizza in the heart of Old Town Portland. The address is 226 NW Davis. The cost of the event is covered in your registration fee. (It does not include alcoholic beverages). You will enjoy Portland's best Pizza and be able to choose from a wide selection of Micro Brews. You will then hear about the early days of Portland and the Shanghai tunnels. There will then be a short tour down to the entrance to the tunnels.

Old Town Pizza: Portland's Favorite Haunt

Don't be surprised if an unexpected guest joins you for a slice. A constant presence at Old Town Pizza is Nina (pronounced "Nigh-na"), our resident ghost. If you feel a presence behind you, or smell a faint waft of perfume, you may have just received a visit. Nina is often seen in a black dress observing diners and wandering the basement below.

It was in 1880 that two successful lumber barons built the Merchant Hotel on this block, catering to Portland's finest patrons. Old Town Pizza sits in the original hotel lobby. In fact the window where you place your pizza order is the original hotel's reception desk and is flanked by the lobby's original decorative cast iron beam posts. Underneath the floor boards are the Shanghai Tunnels connecting Portland via underground pathways, then used to nab unsuspecting sailors and transport them to ships docked on the river, and can be viewed during private tours.

Housed in one of Portland's most infamous buildings -- the Merchant Hotel, known in Portland's early days for shanghaiing unsuspecting travelers into shipboard bondage -- Old Town Pizza Company maintains the bustling air of a turn-of-the-century saloon.

<http://www.oldtownpizza.com/Home.html>

Safety on the Work Site:

Safety on the work site is our No. 1 priority for the build.

Volunteers with every possible level of construction skills will be working with you and around you at all times. Taking this into account, it is the responsibility of each of us to be patient and sensitive. By following the tips listed below, we can ensure that the week will run smoothly and safely.

Keep an Attitude of Safety

Above all, know your limits and do not push yourself too hard. Be sure to think before you act, and consider the risks that are involved in all that you do. If you are unsure how to perform a task, do not hesitate to call upon your crew leader, who will be happy to assist you.

Dress with Safety in Mind

Clothes should fit comfortably but should not be baggy (long sleeves should be buttoned). Volunteers must wear closed-toed shoes on the site. Please do not wear jewelry on the site. Hardhats are recommended at all times when you are on the site and required when any one is working above you at the site.

Before Working...Survey!

Before working in any area, be sure to inspect around the site. Look around your feet and overhead for obstacles and potential hazards. Organize the work space within your reach. Be especially careful when carrying long objects, such as lumber, not to hit other people. Keep your eyes open for excavations, openings, edges of slabs and slippery areas. If an area looks unsafe, report it to your crew leader immediately.

Operate Power Tools Properly

If you are assigned to operate power tools, know the correct procedures. This will ensure your safety. Before operating, inspect the cords, electrical outlets and blades. If a blade or part has to be replaced, disconnect the tool from the power source first. Support the stock properly and never reach under materials while they are being cut. Always protect your eyes with safety glasses when operating power tools.

A Clean Site Is a Safe Site

Keeping your site clean is essential to safety throughout the day. You should make sure that trash is kept in the dumpster and scrap lumber is where it belongs at all times. If nails are protruding from scrap lumber remove them. Keep track of your tools. If you see something that does not belong, please put it in a safe spot. Tools should not be placed above peoples' heads (such as on top of a wall or on a ladder).

Exercise Caution on Roofs and Ladders

Be aware that you can be severely injured by a fall from even a low height. You should be particularly careful when working at a height of six feet or more. When using a ladder, do not use the top two steps and have a buddy hold the ladder to keep it steady. One person should go up a ladder at a time. Ladders should be properly stabilized. If the ladder is unbalanced, dig down the higher side to make the ground level, rather than putting a block under the lower side. Watch for temporary power lines. When working on the roof, move slowly and carefully. Use a toe board when necessary. Be careful with tools and other objects so they do not fall.

Use Care When Lifting and Carrying

When lifting, stand close to the load, bend your knees, grasp firmly and then lift by straightening your legs. Keep your body vertical. Get help with heavy or long loads. Do not lift beyond your strength.

Always Speak Up for Safety's Sake.

If something looks unsafe, speak up so that it can be immediately corrected. Report all injuries and accidents immediately to your house leader.

Be Responsible for Personal Property on the Work Site

You are responsible for everything that you carry onto the work site. Make sure every item you bring is labeled with your name. Anything left unattended could be lost, misplaced or otherwise removed.

Do Not Overexert Yourself

All volunteers should exercise particular care when working from heights; when carrying heavy loads; or when performing other tasks that require a lot of upper body strength. Crew leaders should ensure that volunteers are not overexerting themselves. Take precautionary measures to avoid the harmful effects of dehydration or heat stroke. Drink plenty of fluids, especially when working in the sun. Make sure you are taking in more liquid than you are losing. Avoid tea, coffee, soda and alcohol, as these can lead to dehydration. Wear lightweight, tightly woven, loose-fitting clothing in light colors. Protect yourself from the sun by wearing a hat, sunscreen and sunglasses.

First Aid Is Available

First aid stations are provided on site at the registration tent.

If you feel you are in need of medical assistance, please visit the first aid station. If you cannot walk to the first-aid station, alert a crew leader or your house leader to contact the first-aid personnel, and they will immediately assist you.

If volunteers are in need of basic health care supplies, there are a couple of pharmacies in the area. A selection is listed below. For other local pharmacies and medical facilities, consult a local phone directory or visit the registration tent on the work site.

Local Attractions:

Multnomah Falls - is the second highest year-round waterfall in the nation. The water of the falls drops 620 feet from its origin on Larch Mountain.

http://trips.stateoforegon.com/multnomah_falls/

Skamania Lodge - Drive time would be about an hour and absolutely gorgeous scenery on the way. Skamania Lodge, a magnificent mountain resort nestled on 175 wooded acres, is located in the spectacular Columbia River Gorge National Scenic Area. The rustic yet elegant, grand mountain lodge is located just 45 miles east of Portland on the Washington side of the Columbia River.

<http://www.skamania.com/about-skamania.php>

Silver Falls - About an hour south off I-5. Hike through and around 8-14 waterfalls, with one of the most spectacular being in the first few hundred feet of the hike. You can actually walk behind this waterfall. Silver Falls State Park, the largest state park in Oregon, has more than 9,000 acres of spectacular scenery and offers a diverse array of things to do. The spectacular Trail of Ten Falls, an eight-mile hiking trail, is the park's most famous feature.

http://www.oregonstateparks.org/images/pdf/silverfalls_trailmap.pdf

Pittock Mansion – An old historic home with lovely grounds. It is near downtown, and could easily be done in a few hours total. The mansion offers an impressive array of historical information for novice and seasoned historians alike. Generations of history and art are collected in a single place. They range from the architecture and the treasured collections of time-period furnishings and artifacts to the fascinating stories about how Henry and Georgiana Pittock contributed to shaping Portland's destiny.

3229 NW Pittock Drive Portland, OR 97210

Get Directions Phone: (503) 823-3623

<http://www.pittockmansion.com>

Oregon Museum of Science and Industry – OMSI Founded in 1944 and one of the nation's top ten science museums, the Oregon Museum of Science and Industry is a world-class tourist attraction and educational resource that puts the "WOW!" in science for the kid in each of us. Five exhibit halls and eight science labs offer 219,000 square feet of brain-powered fun through hundreds of interactive exhibits and hands-on demonstrations. It also has the Omni-max theater.

1945 SE Water Avenue Portland, OR 97214

<http://www.oms.edu>

Portland Japanese Garden - is beautiful at this time of year and is also easy and quick to get to.

611 S.W. Kingston Ave. Portland, Oregon 97205

Phone Number: (503)-223-1321

<http://www.japanesegarden.com/>

Portland Rose Gardens - International Rose Test Garden - Washington Park. Right next to the Japanese gardens it overlooks part of the city and you walk through hundreds of varieties of roses.

400 SW Kingston Ave (503)-823-3636

<http://www.portlandonline.com/parks/finder/index.cfm?action=ViewPark&PropertyID=1113>

Evergreen Aviation Museum - is about 45 minutes outside of Portland and it houses several unique planes including the Spruce Goose. Yes...it is absolutely unbelievably. HUGE!

500 NE Captain Michael King Smith Way, McMinnville, Oregon 97128

<http://www.sprucegoose.org>

Oregon coast - about 90 minutes west of Portland. It is a great day trip in the summer, with all the customary coastal attractions and food offerings.

Shops:

Jantzen Beach Super Center is a diverse retail center, which includes a 350,000 square foot enclosed mall surrounded by national big box tenants. Jantzen Beach Super Center greets our northern neighbors with Oregon's tax-free shopping, located on Hayden Island adjacent to Interstate 5, at the Oregon/ Washington border.

Home Depot

1728 N Jantzen Beach Ctr
Portland, OR 97217
(503)289-9200

Lowe's

1160 N. Hayden Meadows Dr.
Portland, OR 97217
Phone: (503) 737-3000

Target:

1400 N Hayden Island Dr
Portland, OR 97217
(503) 247-0331

Wal-Mart

9000 N.E. Hwy 99
Vancouver, WA 98665
(360) 571-0300

Walgreens

2829 N Lombard St
Portland, OR 97217

Rite Aid Pharmacy

7440 North Denver Avenue
Portland, OR 97217

Restaurants:

Salty's on the Columbia
3839 N.E. Marine Drive Portland, OR 97211
Restaurant (503) 288-4444

Churches:**Kenton United Presbyterian Church**

2115 N Lombard St, Portland, OR
(503)-289-7522

Celebration Tabernacle

8131 N Denver Ave, Portland, OR
(503)-286-1668

Table

7412 N Mississippi Ave, Portland, OR
(503)-289-4709

Peace Lutheran Church

2201 N Portland Blvd, Portland, OR
(503)-289-1070

Peninsula Open Bible Church

8225 N Peninsular Ave, Portland, OR
(503)-289-3343

Northminster Presbyterian Church

2823 N Portland Blvd, Portland, OR
(503)-289-0318

Jehovah's Witnesses Mock's

3333 N Willamette Blvd, Portland, OR
(503)-289-2937

Antioch Missionary Baptist Church

5935 N Minnesota Ave, Portland, OR
(503)-289-2364

Bethel Lutheran Church

5658 N Denver Ave, Portland, OR
(503)-285-4919

Portland Victory Center

3715 N Lombard Portland, OR
(503)-978-8192

Weather

Temperatures during mid to late June will average in the 85-90 degree range. This is normally a somewhat humid time with chances of rain and storms. Remember, we work rain or shine. Outside work will cease in the event of dangerous conditions.

Family Gifts

We will be taking donations to buy necessary home items for the new homeowners, or to assist with landscaping, as we have in the past. The money collected will be divided equally between the three families.

Homeowner Families and Sponsors

Nicole Crain is a single mother who works full-time at a construction company as a carpenter to support herself and her six children. They currently live in a small, overcrowded apartment with three children to a bedroom and are all looking forward to having a home of their own with enough space for everyone. After working in construction for so many years, Nicole is especially excited to help build her own home. Home-ownership to Nicole means she will have, “something to leave my children besides photos and bills.” For the children, **Natasha, Nakyin, Antoinette, Ayzha, Nathaniel,** and **Nicole**, it means having a home where they are proud and excited to invite their friends.

Home Sponsor: First Horizons Home Loans and the Craig Reger Group

Nitzia Menjivar is a single mother of two daughters **Roxana**, 14 and **Anayanci**, 9. Nitzia works full-time at a bank as a proof operator and is very excited to finally become a homeowner. Nitzia and her two daughters currently live with her parents and are looking forward to having their own place. To Nitzia, homeownership means “that I will be able to provide a foundation that enables my daughters to have stability and a secure future”. Nitzia is thankful to become a homeowner through Habitat because with a Habitat mortgage she can own a home and still have something left over to save for her daughters’ college education.

Home Sponsor: Lumbermens

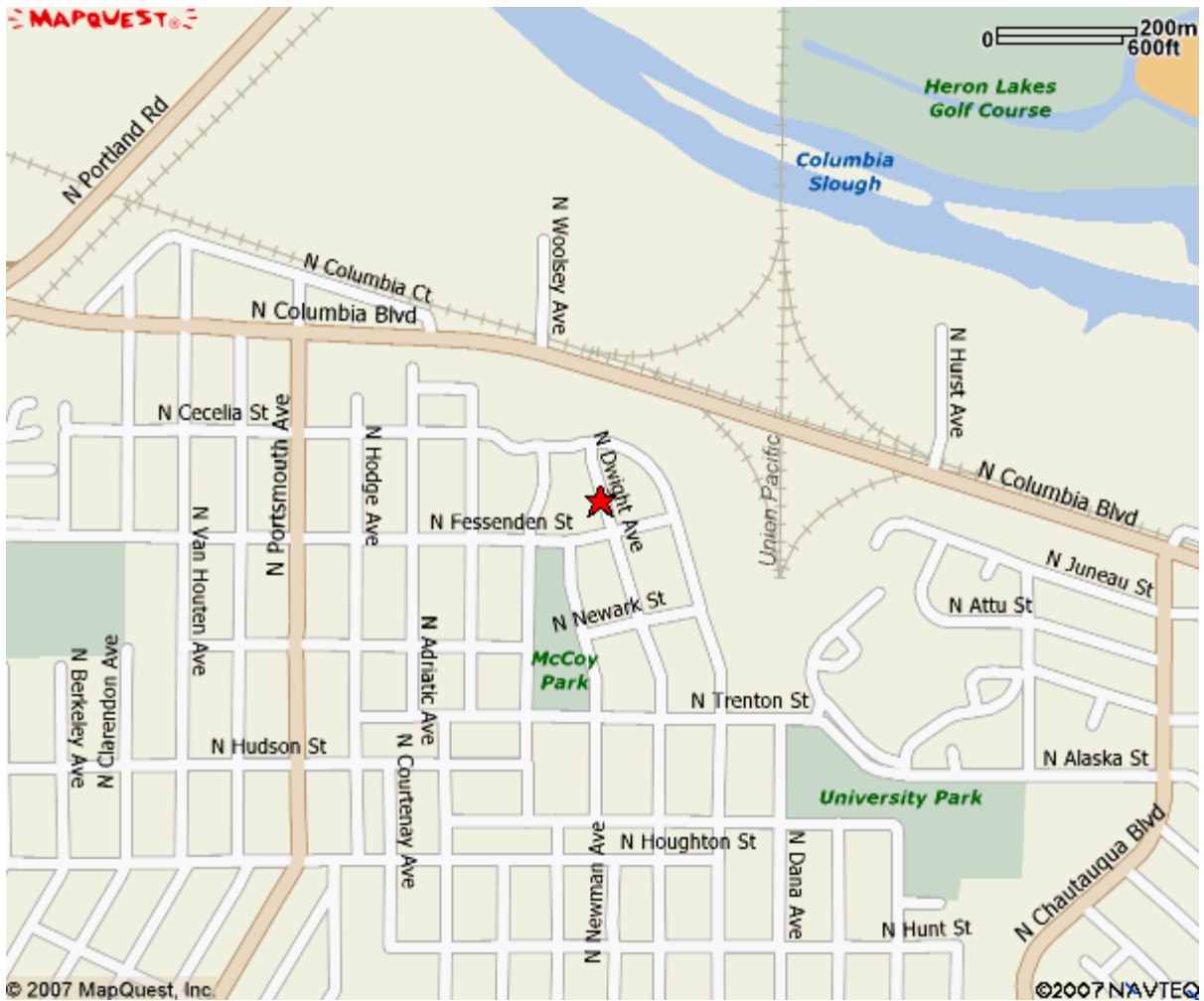
Miladys Perez and **Marcos Trapero** and their two young sons, **Jonathan and Marcos** are very excited to soon be Habitat homeowners! Miladys, a refugee from Cuba, currently works as a bilingual receptionist. Marcos is working towards a career in construction and is very excited about the new skills that he’s learning on the Habitat build site. The family lived in public housing at Columbia Villa and are now building a home in New Columbia. They are looking forward to returning to the neighborhood with the sense of stability and long-term security they will have as homeowners.

Home Sponsor: TBD

Direction to build site:

- NW on N Whitaker Rd
- N Whitaker Rd becomes N Victory Blvd.
- Turn left to take the ramp toward Interstate Ave./US-30-BYP/Lombard St
- Turn onto N Interstate Ave.
- Right onto N Argyle St, Stay onto N Argyle Way.
- N Argyle Way becomes N Delaware Ave.
- Left onto N Columbia Blvd.
- Left onto N Portsmouth Ave.
- Left onto N Cecelia St.
- Right onto N Dwight Ave.





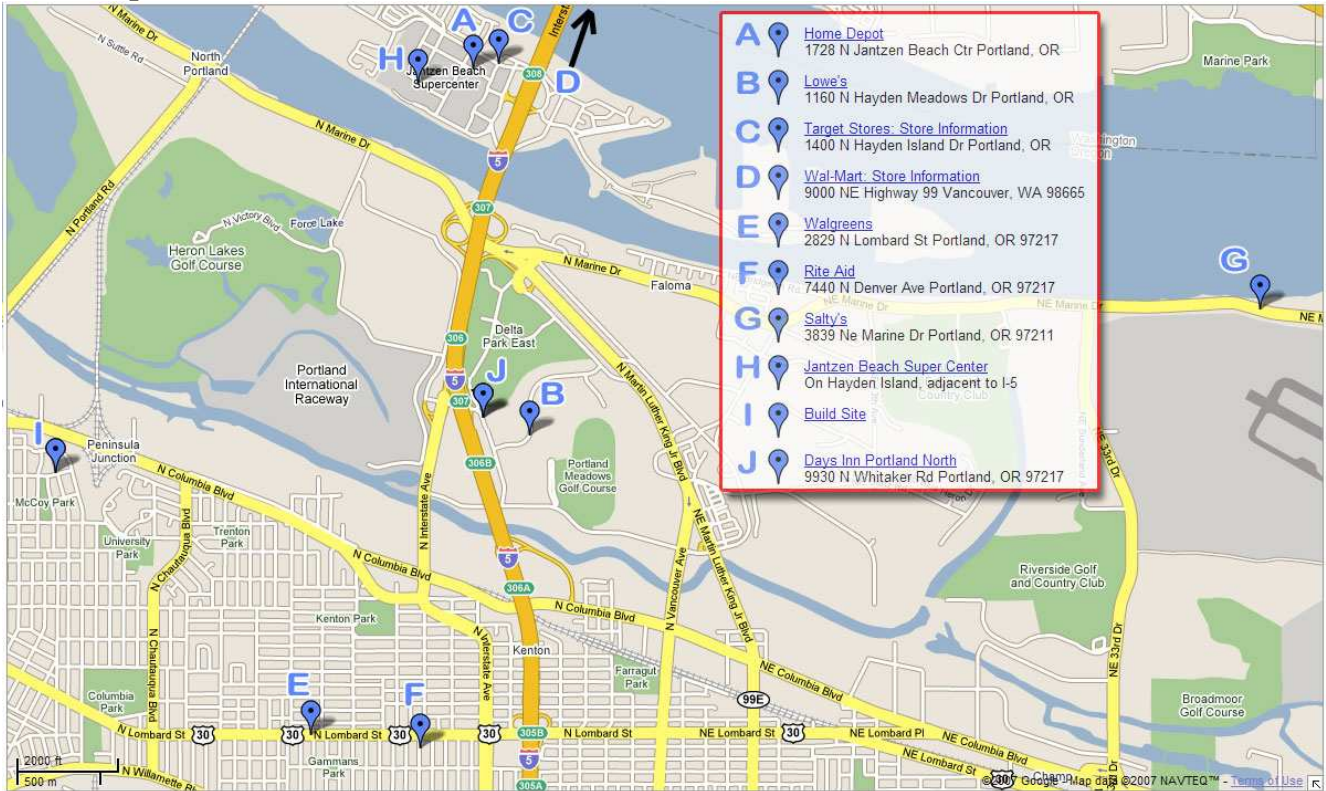
Directions to the Community center - From the build site.

South on N. Dwight to Trenton Ave.

Right on Trenton.

The Community Education center in 1/2 block down Trenton on the right. A statue of a bird is in front of the building.

Store Map



Daily Event Schedule 2007 Portland Blitz Build

	Thur June 21	Fri June 22	Sat June 23	Sun June 24	Mon June 25	Tue June 26	Wed June 27	Thur June 28	Fri June 29	Sat June 30
Breakfast	Hotel	Hotel	Hotel	Hotel	Hotel	Hotel	Hotel	Hotel	Hotel	Hotel
Report to site	6:30am	6:30am	6:30am	Off-Day	6:30am	6:30am	6:30am	6:30am	6:30am	9:30am
Build Activities (begin @ 7am)	Layout (leads)	Build/set walls	Roll trusses, decking, roofing		Windows, doors, siding, roofing	Insulation, Drywall	Roofing, siding, painting	Interior trim, cabinets, flooring	Carpet, landscape, touchup	Dedication @ 10am
Lunch	Provided On-Site	Provided On-Site	Provided On-Site		Provided On-Site	Provided On-Site	Provided On-Site	Provided On-Site	Provided On-Site	Provided On-Site
Dinner (5pm-ish)		Provided On-Site			Provided On-Site	Provided On-Site	Group activity & dinner 7pm @ Old Town Pizza	Provided On-Site		
Activity	Meet & Greet 7pm @ New Columbia Community Center (a few blocks from build site)									

Subject to change